

# Space weather, the atmosphere, and human health on Earth and in Space

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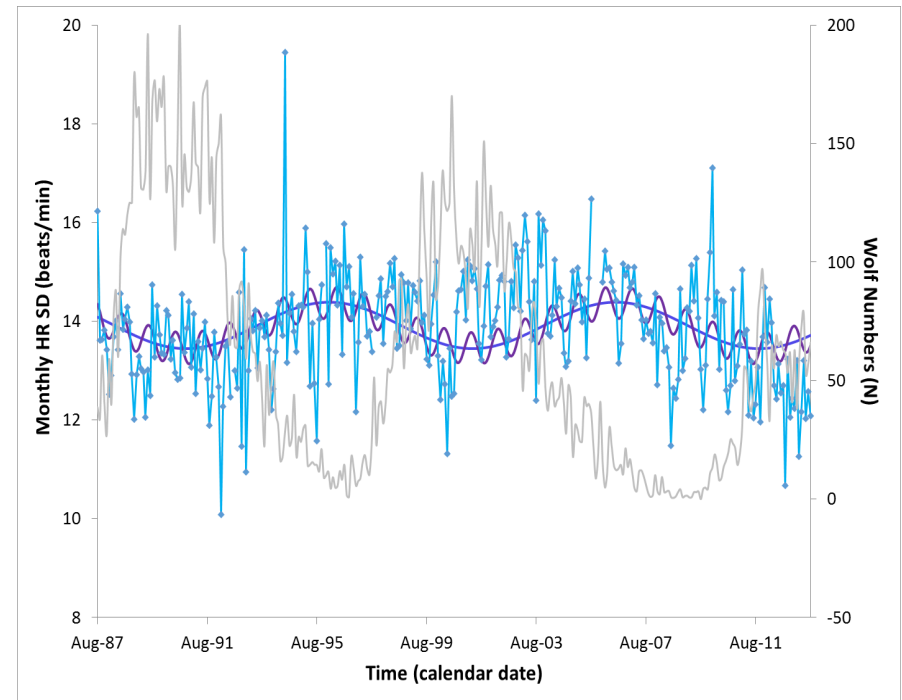
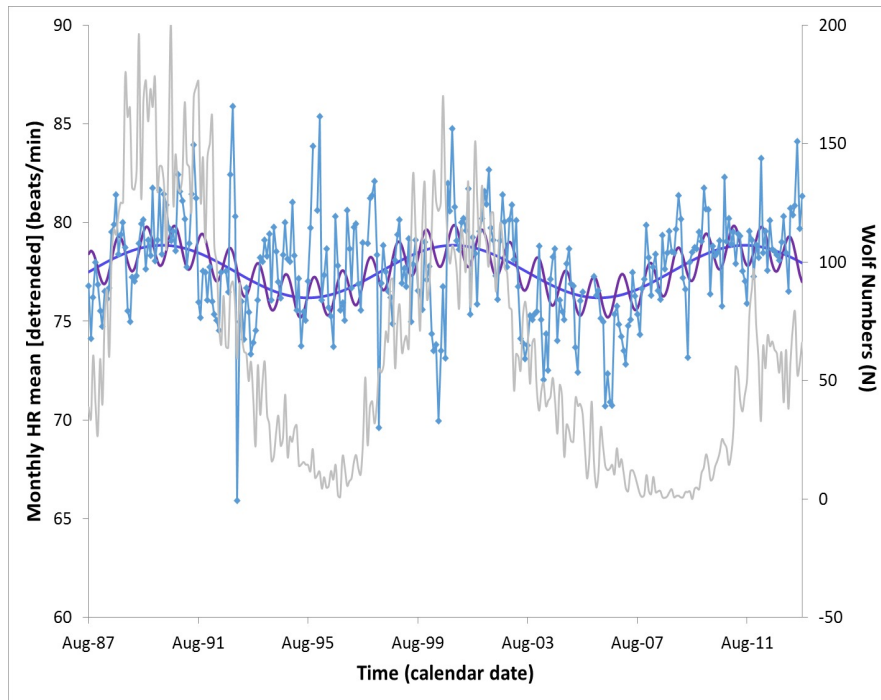
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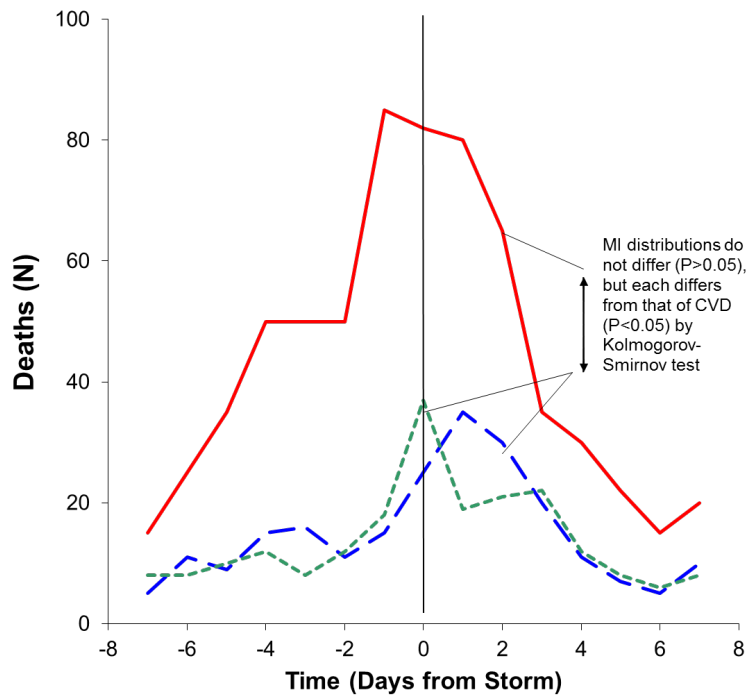
# Evidence accumulates for effects of space weather - on human physiology





# Evidence accumulates for effects of space weather - on human pathology

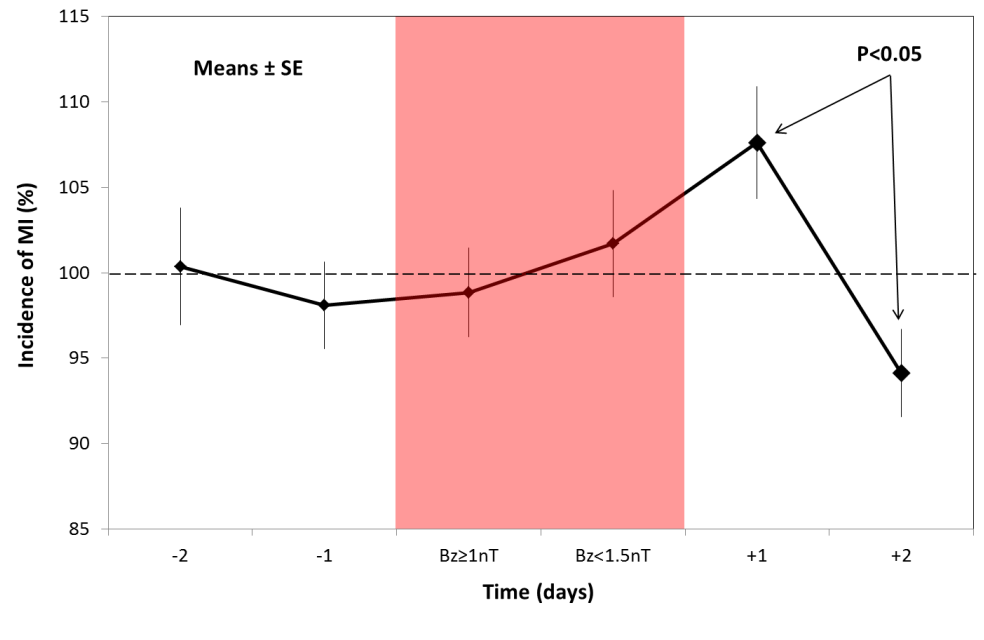
## Geomagnetic Activity and Mortality from Cardiovascular Disease (CVD) and Myocardial Infarction (MI)



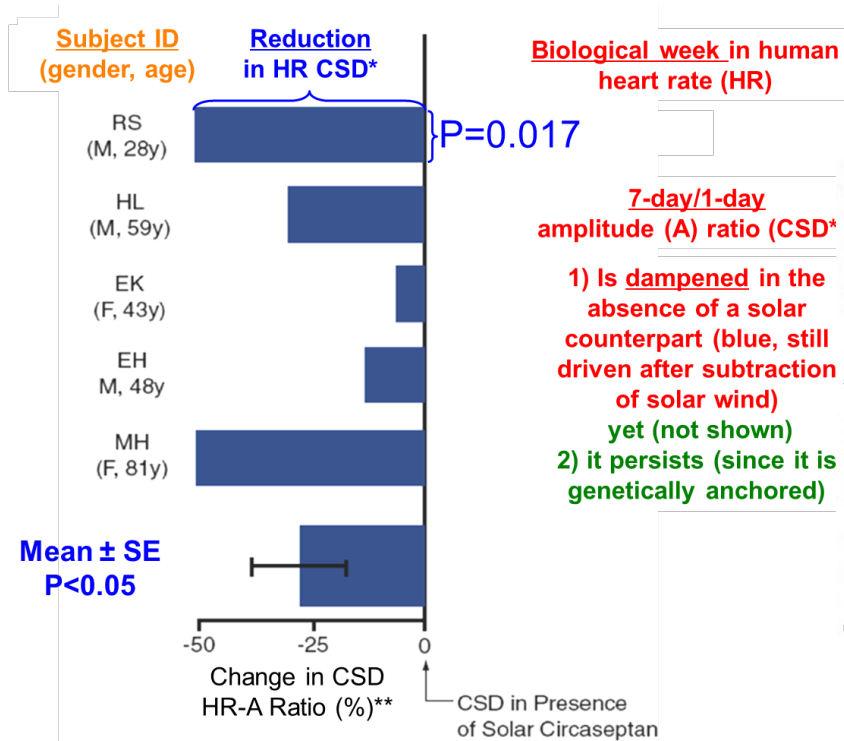
Data from EG Stoupe Archive.

- CVD (BMC, Israel 1974-76; N=659;  $\chi^2=191.9$ ;  $P < 0.001$ )
- MI (BMC, Israel 1974-76; N=225;  $\chi^2=74.9$ ;  $P < 0.001$ ) BMC: Belington Med. Center
- - - MI (USSR hospitals 1962-68; N=209;  $\chi^2=68.5$ ;  $P < 0.001$ ) P-values test uniform distribution.

## Increase in the Incidence of Myocardial Infarctions (MI) in Moscow after a southward Bz turn



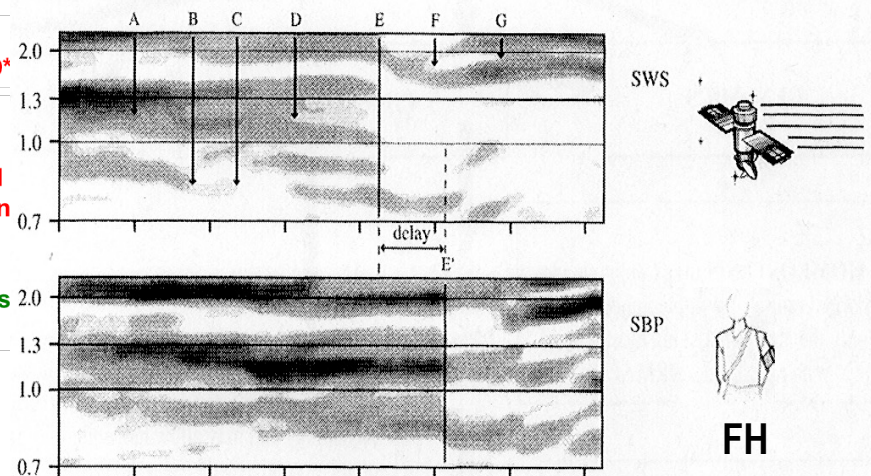
# Documentation by superposed epochs, remove-and-replace, and periodicities shared between environment and biota



Biological week in human heart rate (HR)

7-day/1-day amplitude (A) ratio (CSD\*)

- 1) Is dampened in the absence of a solar counterpart (blue, still driven after subtraction of solar wind) yet (not shown)
- 2) it persists (since it is genetically anchored)

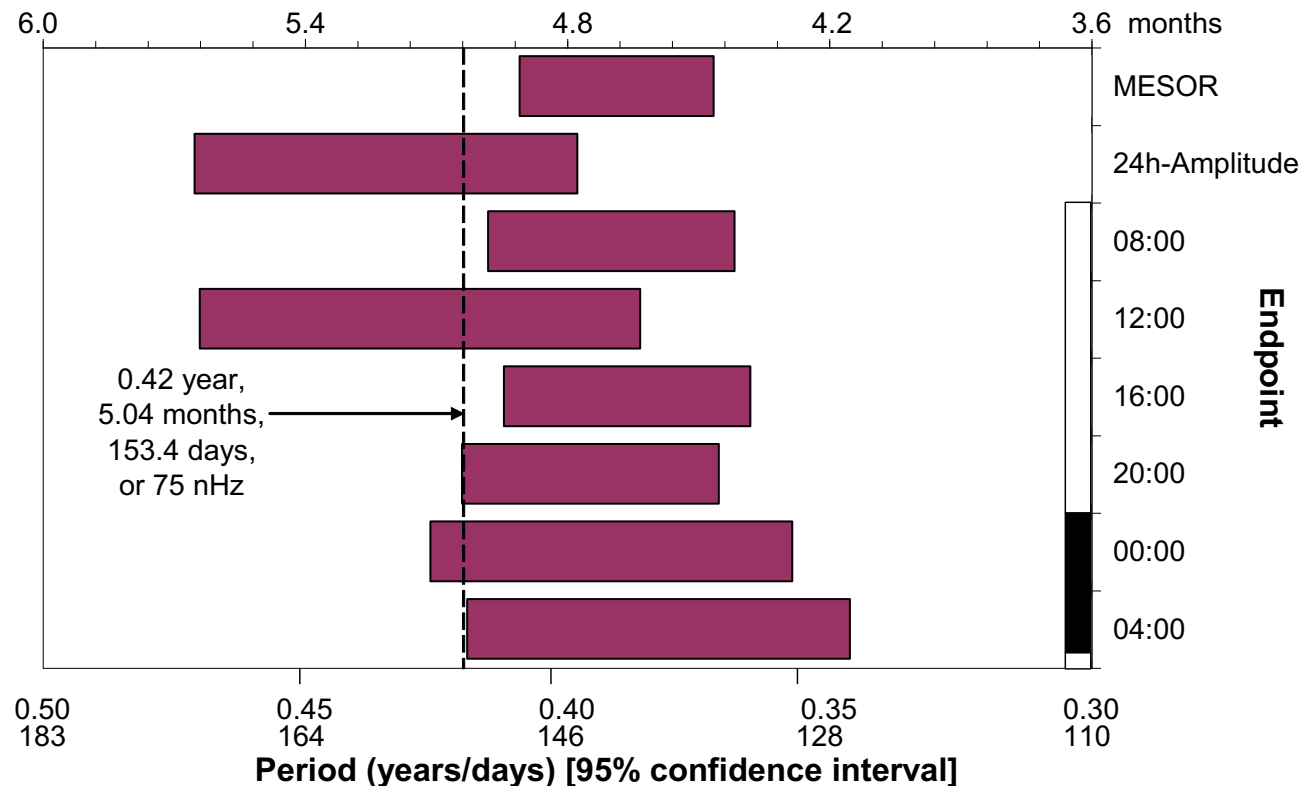


\*CSD: circaseptan (7-day)-to-circadian (1-day) A ratio

\*\*When 7-day component in sunspot area has no 7-day component (as analyzed by Y.S. Vernova et al., Geomagnetism and Aeronomy 1983; 23: 425-427).

# Shared periodicities include about 5-month cycles found in solar flares

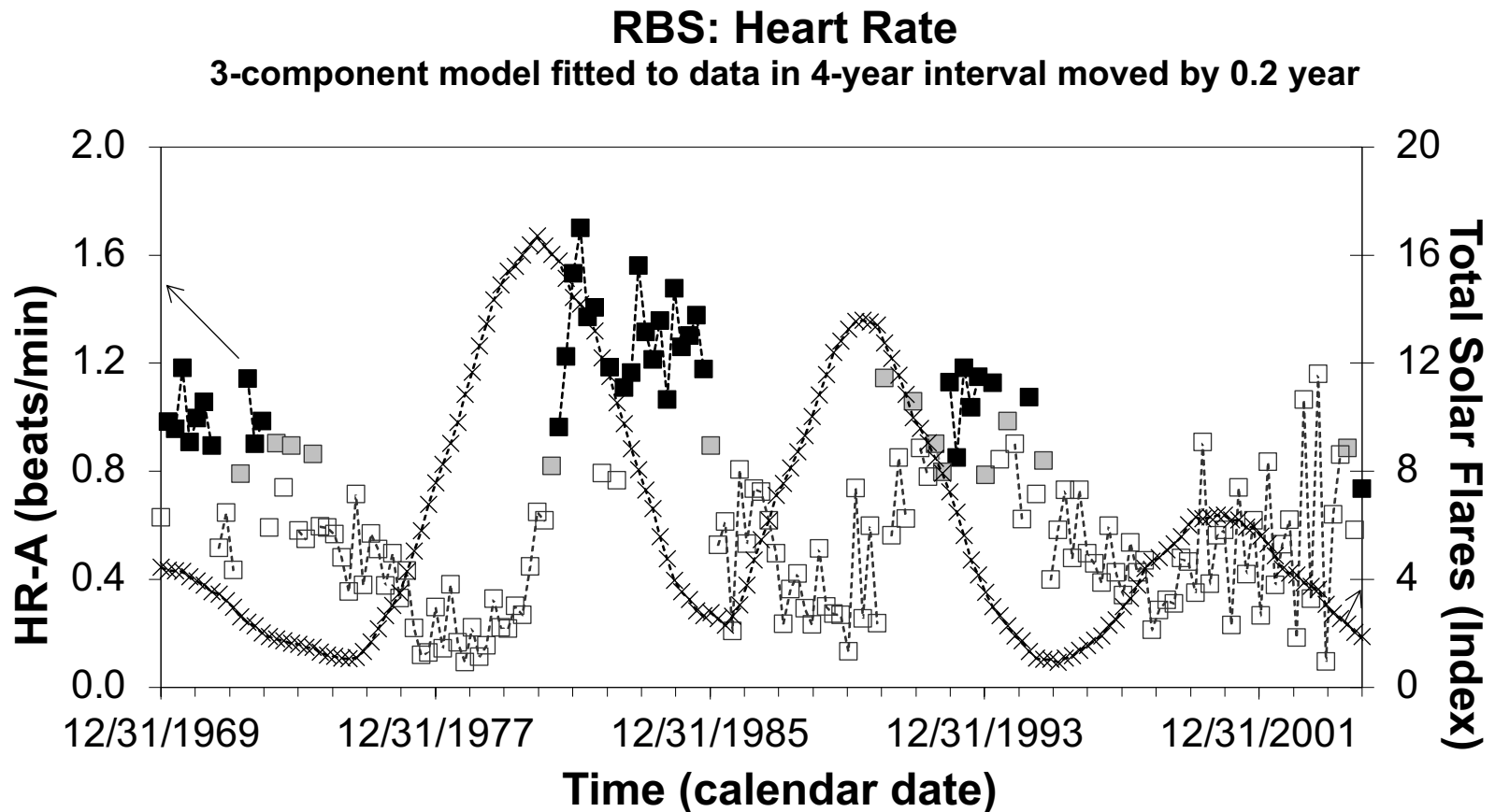
## Cis-Half-Year Characterizes Human Circulating Melatonin\*



\* 172 patients (Oct 1992 - Dec 1995), each providing 4-hourly blood samples for 24 hours in Florence, Italy.

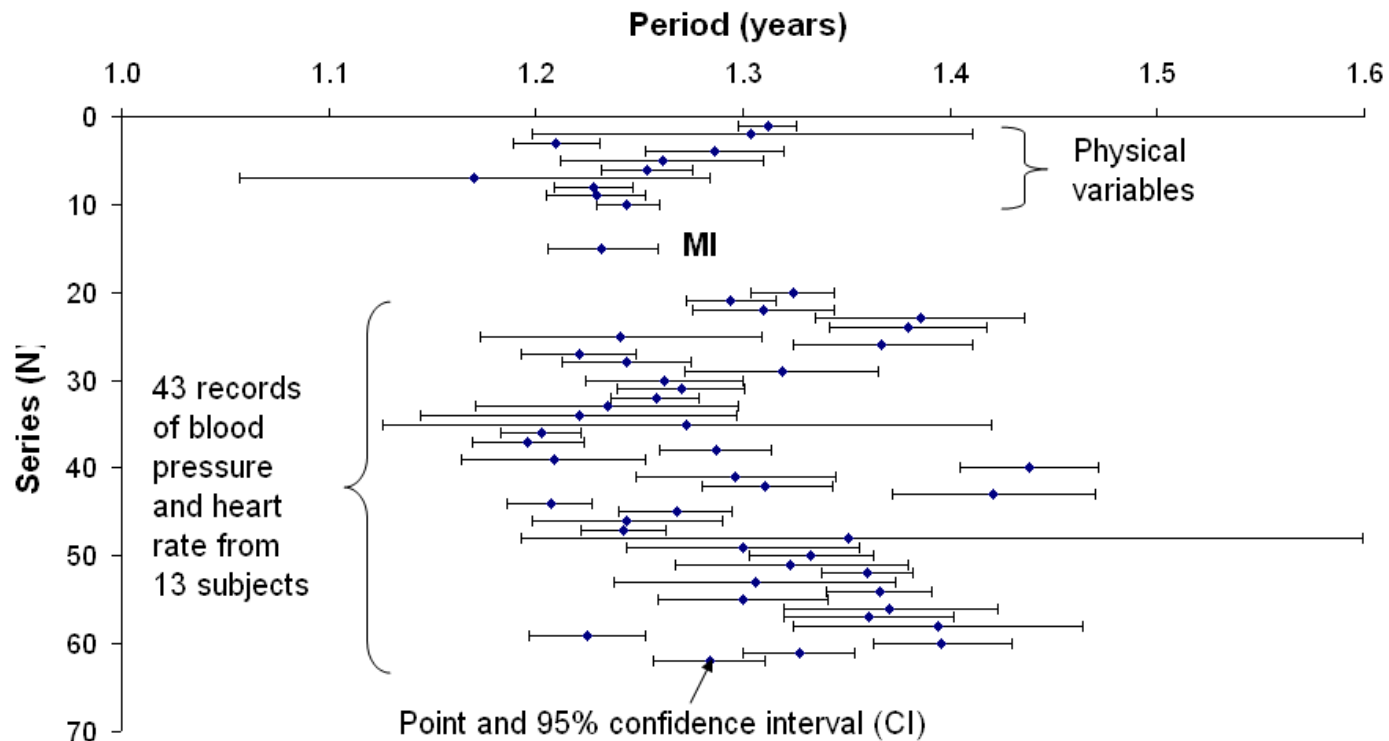


# Shared periodicities include about 5-month cycles found in solar flares



# Shared periodicities include about 1.3-year cycles found in the solar wind

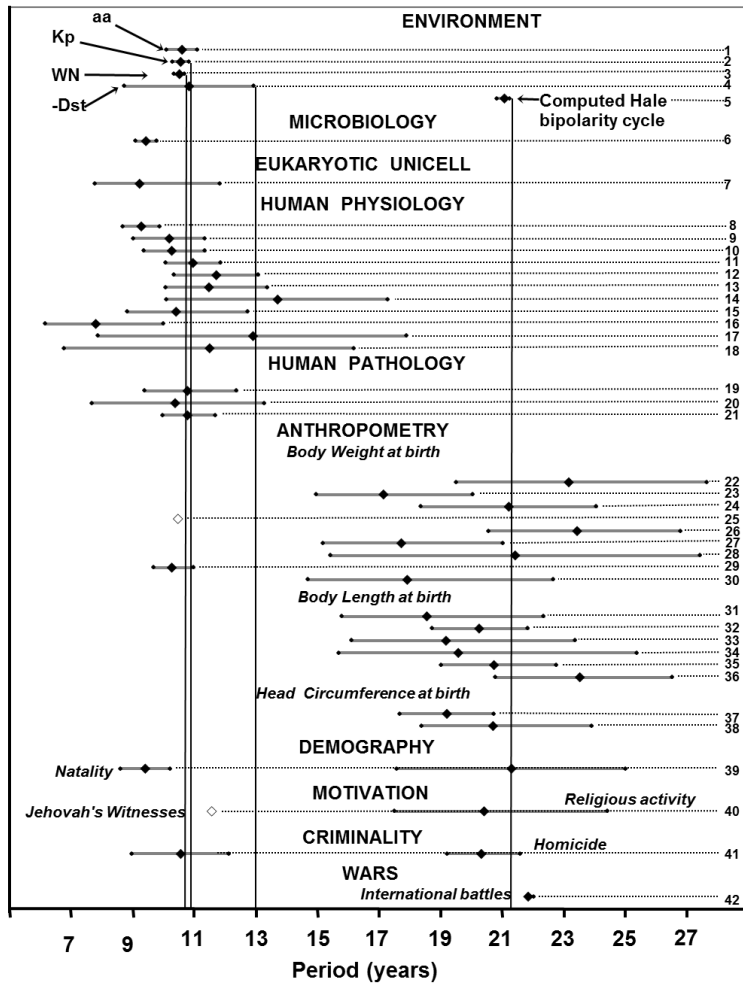
The Trans-year (an ~1.3-year component) in the Cosmos (top 10 rows), Pathology (myocardial infarction, MI), and Physiology (bottom 43 rows)\*



\* All differing by non-overlapping 95% CIs from the precise calendar year and many differing among each other, a putative hint of endogeneity.

# Shared periodicities include about 11- and 22-year cycles found in solar activity

## CHRONOMICS: ~10.5- and ~21-YEAR CYCLES AROUND and IN ORGANISMS



## Chronomics: ~10.5- and ~21-year cycles in and around us

Line	Period (years)			Series duration Dates	Number of data	Geographic site	
	Lower limit*	Best Fit	Upper limit*				
<b>Environment</b>							
1	aa = Antipodal Geomagnetic Index	10.12	10.63	11.13	1890-1999	110	1 / year
2	Kp = Planetary Geomagnetic disturbance	10.32	10.58	10.85	1932-1999	68	1 / month
3	WN = Wolf relative sunspot number	10.37	10.54	10.70	1890-1999	110	1 / year
4	-Dst = Equatorial geomagnetic disturbance	8.75	10.85	12.96	1973-1999	27	"
		10.48	10.51	10.55	1700-1999	300	"
5	Bipolarity "Hale Cycle" **	20.86	21.10	21.26	1890-1999	110	"
		21.42	21.428	21.43	1700-1999	300	"
<b>Biology</b>							
6	Prokaryotes: Air Bacterial Sectoring	9.12	9.45	9.81	1970-1982	13	3,744 Italy
7	Eukaryotes: Unicellular Algal O <sub>2</sub> Production	7.79	9.24	11.87	1980-1991	11	324 Germany
<b>Physiology***</b>							
8	Mood (RBS)	10.11	11.50	13.41	1966-1998	33	-5 / day USA
9	Time (1-Minute) Estimation (RBS)	9.38	10.29	11.37	1966-1998	33	"
10	Urinary 17-ketosteroid excretion (CH)	8.70	9.30	9.90	1948-1963	15	1 / day Denmark
11	Peak Expiratory Flow (RBS)	10.36	11.74	13.11	1966-1998	33	-5 / day USA
12	Respiratory Rate (RBS)	10.13	12.50	17.32	1966-1998	33	"
13	Systolic Blood Pressure - SBP (RBS)	9.05	10.21	11.36	1966-1998	33	"
14	Standard Deviation of SBP (YW)	8.85	10.43	12.76	1987-1998	11	-48 / day Japan
15	Diastolic Blood Pressure - DBP (RBS)	10.09	10.98	11.87	1966-1998	33	-5 / day USA
16	Standard Deviation of DBP (YW)	6.18	7.82	10.02	1987-1998	11	-48 / day Japan
17	Heart Rate - HR (YW)	9.54	12.93	17.91	1987-1998	11	"
18	Standard Deviation of HR (YW)	8.27	11.52	16.22	1987-1998	11	"
<b>Pathology</b>							
19	Myocardial Infarction	10.00	10.80	11.70	1960-1996	37	129,205 USA
20	Leptospirosis	9.40	10.80	12.40	1949-1995	47	2,907 Slovakia
21	Diabetes	7.70	10.40	13.30	1985-1995	11	1,369 "
<b>Anthropometry</b>							
	<b>Body Weight</b>						
	<b>Boys</b>						
22	Minnesota	19.53	23.19	27.67	1963-1998	36	2,136,745 USA
23	Alma-Ata Russians	14.99	17.17	20.07	1946-1998	53	9,056 Kazakhstan
24	" Kazakhs	18.39	21.24	24.05	1946-1998	53	3,459 "
25	Moscow		10.49		1874-1985	112	5,987 Russia
	<b>Girls</b>						
26	Minnesota	20.58	23.46	26.83	1963-1998	36	1,039,464 USA
27	Alma-Ata Russians	15.21	17.75	21.06	1946-1998	53	9,105 Kazakhstan
28	" Kazakhs	15.44	21.45	27.45	1946-1998	53	3,448 "
29	Moscow	9.70	10.29	11.01	1874-1985	112	5,840 Russia
	<b>Both genders</b>						
30	Denmark	14.71	17.94	22.68	1973-1994	22	1,166,206 Denmark
	<b>Body Length</b>						
	<b>Boys</b>						
31	Alma-Ata Russians	15.82	18.58	22.38	1946-1998	53	9,026 Kazakhstan
32	Moscow	18.76	20.28	21.86	1874-1985	112	5,976 Russia
	<b>Girls</b>						
33	Alma-Ata Russians	16.13	19.20	23.39	1946-1998	53	9,105 Kazakhstan
34	" Kazakhs	15.72	19.60	25.40	1946-1998	53	3,485 "
35	Moscow	19.05	20.76	22.78	1874-1985	112	5,976 Russia
	<b>Both genders</b>						
36	Denmark	20.81	23.55	26.55	1973-1994	22	1,166,206 Denmark
	<b>Head Circumference</b>						
37	Boys Moscow	17.71	19.23	20.75	1874-1985	112	5,976 Russia
38	Girls	18.42	20.73	23.95	1874-1985	112	5,820 "
<b>Demography</b>							
39	Birth rate	8.63	9.43	10.23	1940-1996	57	57 USA
		17.61	21.33	25.05	1940-1996		
<b>Motivation</b>							
41	Religious activity of Jehovah's Witnesses	17.52	20.44	24.45	1950-1999	50	328,572 <sup>†</sup> Worldwide
							5,653,987 <sup>##</sup>
<b>Criminality</b>							
40	Homicide	8.99	10.58	12.16	1900-1998	99	99 USA
		19.23	20.35	21.62			
<b>Wars</b>							
42	International battles	21.87	21.96	22.06	599BC-1957	2556	2556 Worldwide

\* 95% confidence limit; not shown if cycle is not statistically significant.

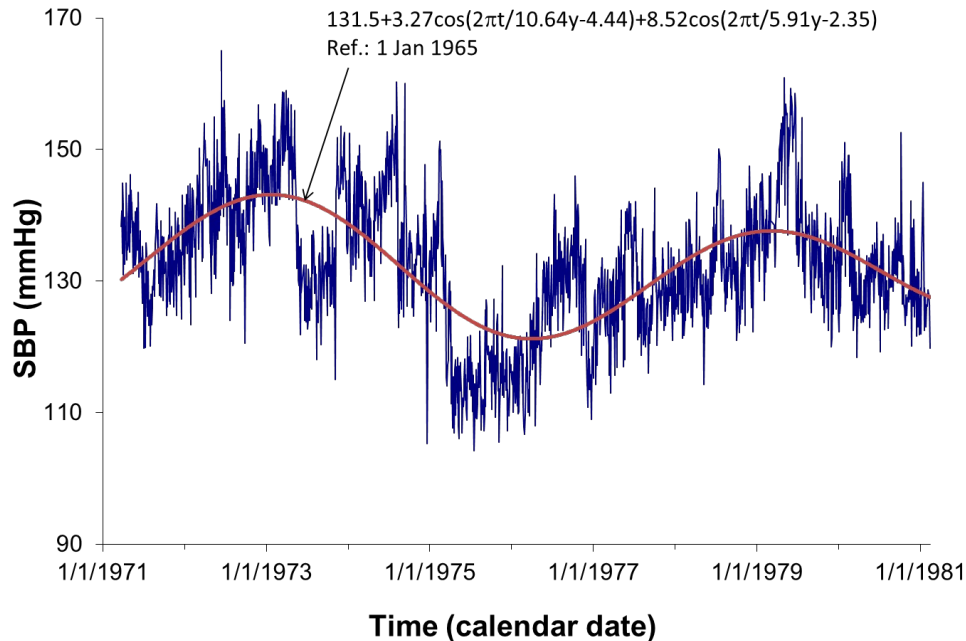
\*\* Computed by changing the sign of WN at each WN minimum.

\*\*\*RBS - Dr. Robert B. Sothorn, CH - Dr. Christian Hamburger, YW - Dr. Yoshihiko Watanabe.

<sup>†</sup> in 1950, <sup>##</sup> in 1999, pool of 103 plus other unspecified number of sites.

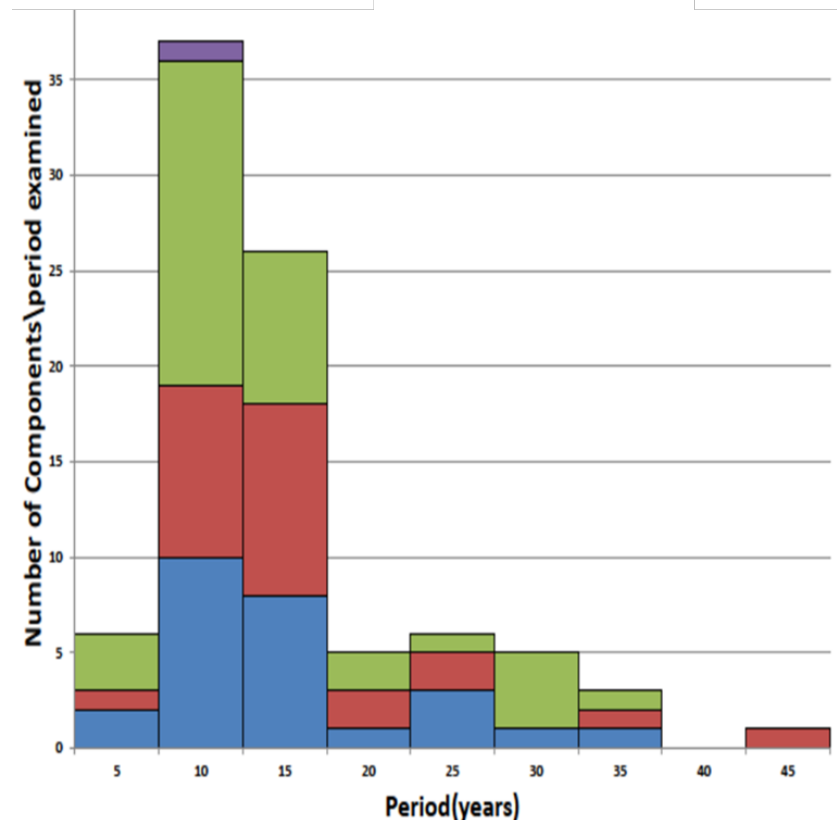


# Shared periodicities include about 11- and 22-year cycles found in solar activity



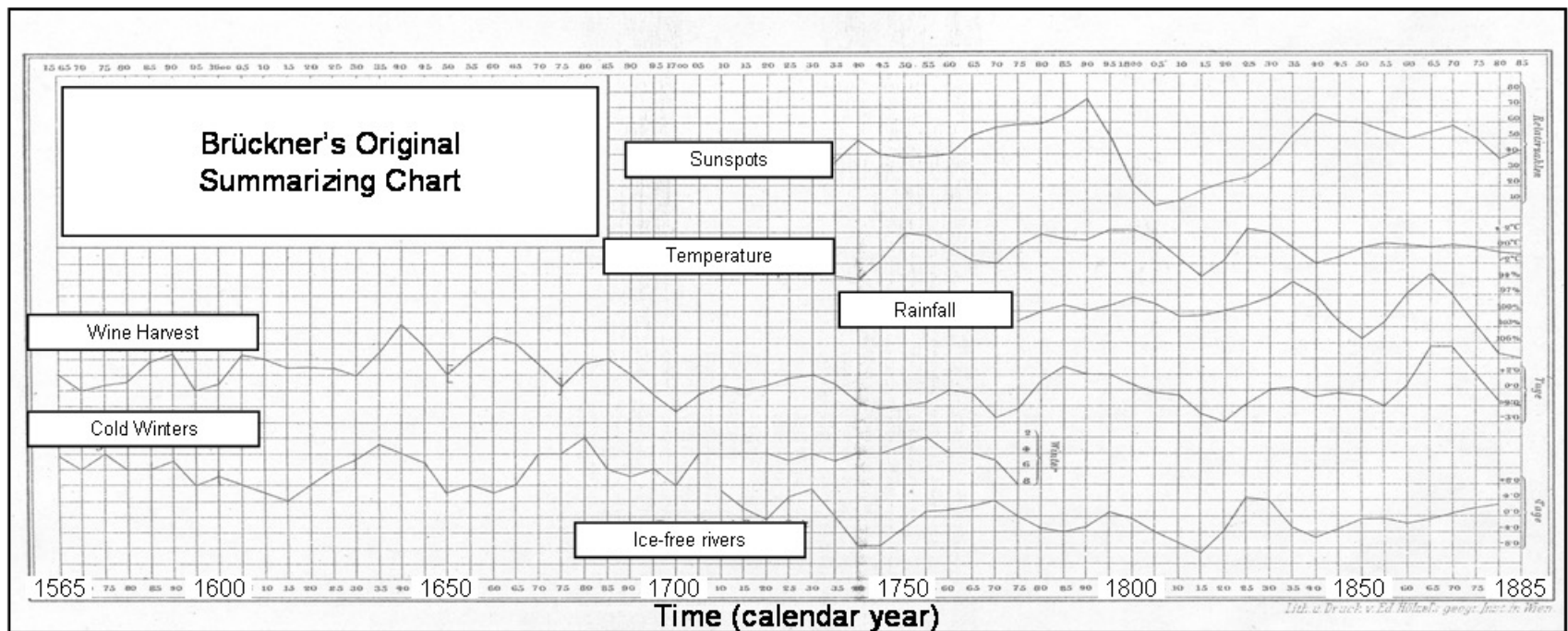
About 11-year cycles are found in many of the longitudinal records of blood pressure and heart rate from normotensive as well as treated hypertensive subjects

## About 11-year cycles



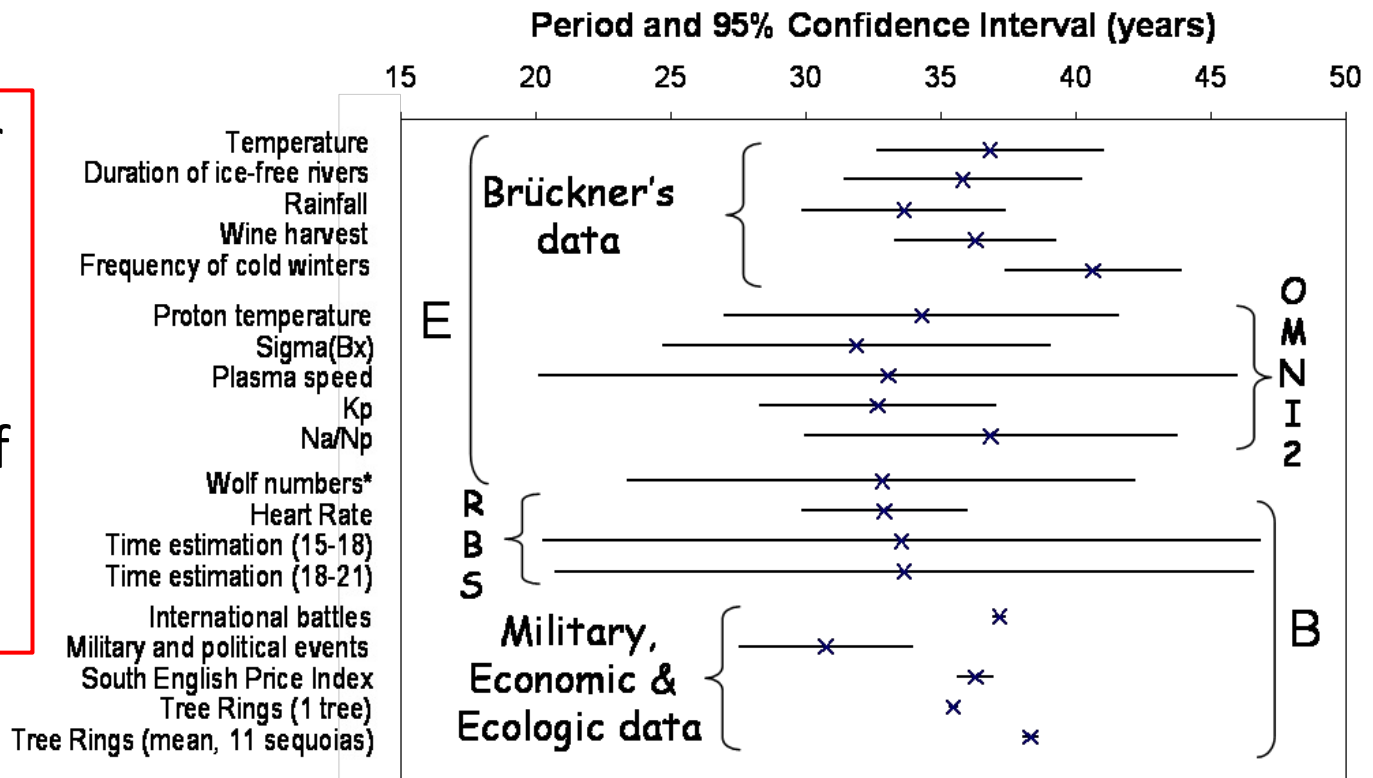
# Shared periodicities include about 35-year cycles found in solar activity

## Brückner-Egeson-Lockyer (BEL) Cycle Historical Macroscopy (top) and Time-Microscopy (bottom)



# Shared periodicities include about 35-year cycles found in solar activity

The ~ 35-year BEL cycle likely represents a modulation of the solar activity cycle

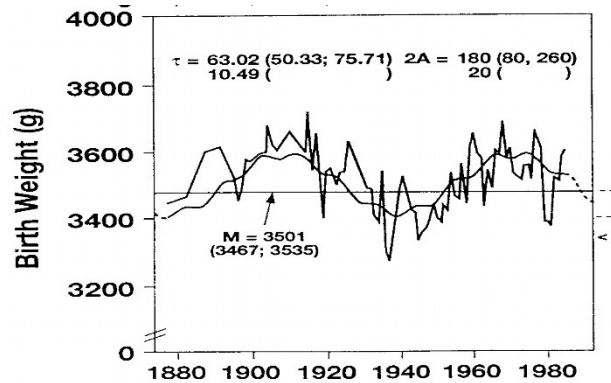


\* Same about 40-year span as that of heart rate of 20-60 year-old man (RBS), assessed in 3-component model; RBS also estimated 1 minute by counting; results shown for measurements taken between 15:00 and 18:00 and between 18:00 and 21:00

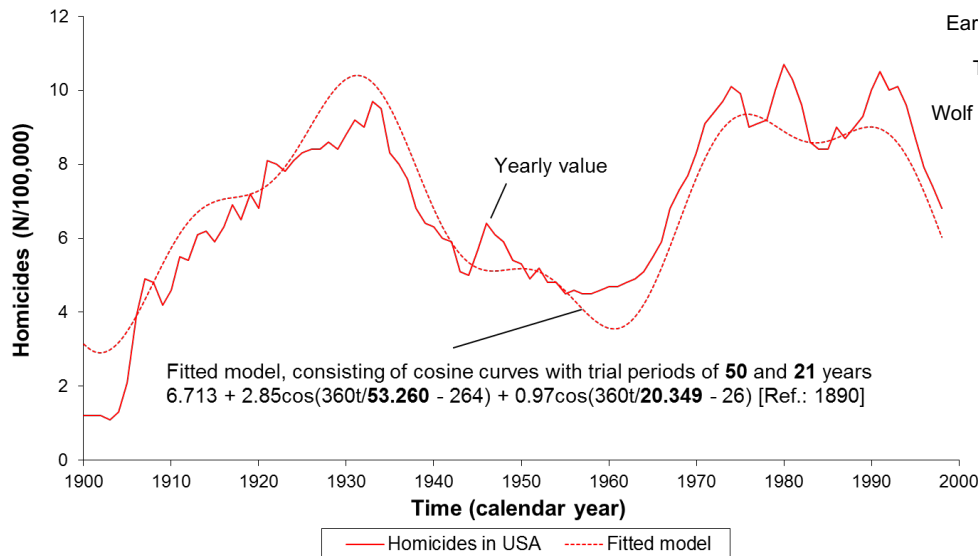
E: Environment; B: Biosphere



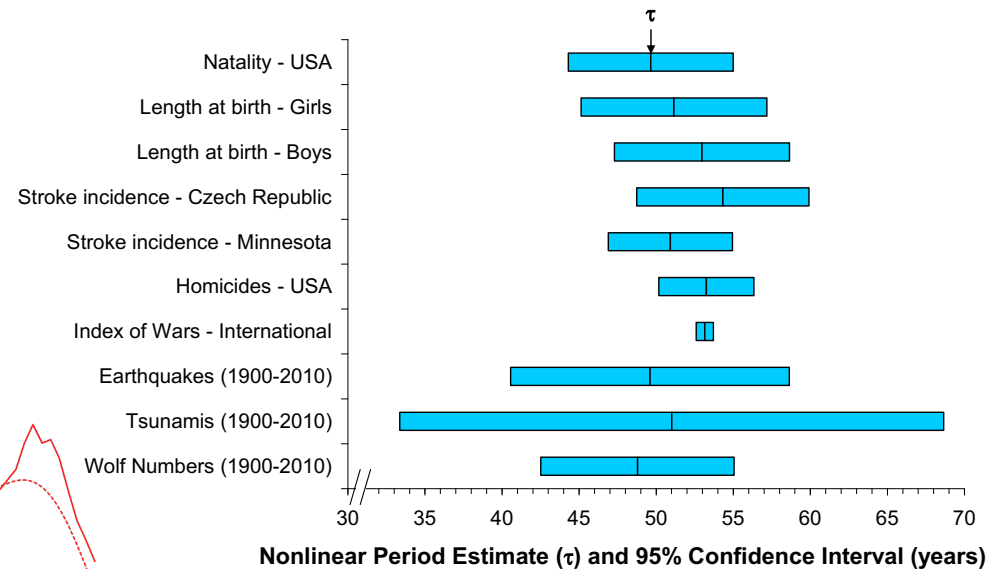
# Shared periodicities include about 50-year cycles



Changes in Homicides in the USA (1900-1998)\*



Transdisciplinary Mapping of about 50-year Spectral Components

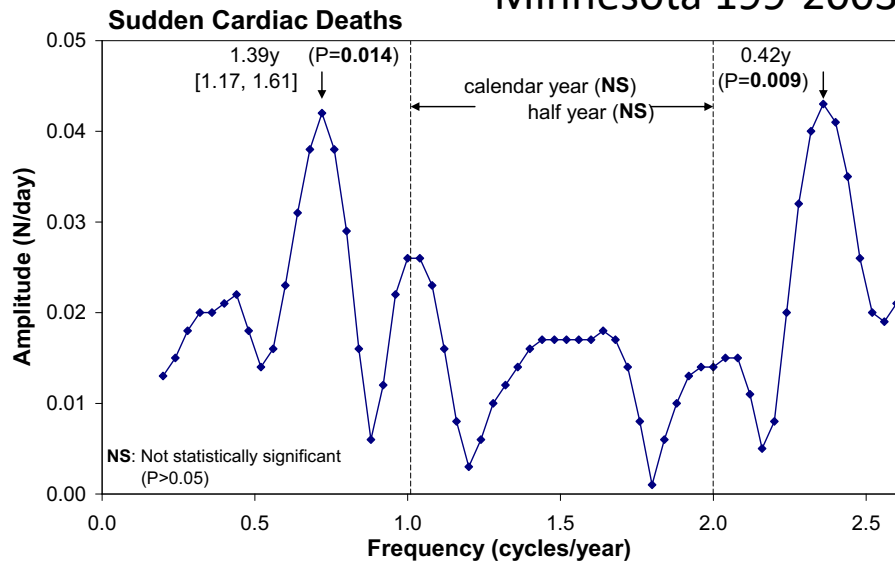


\* National Center for Health Statistics (Homicide rates from the Vital Statistics: <http://www.ojp.usdoj.gov/bjs/glance/hmrt.htm>)

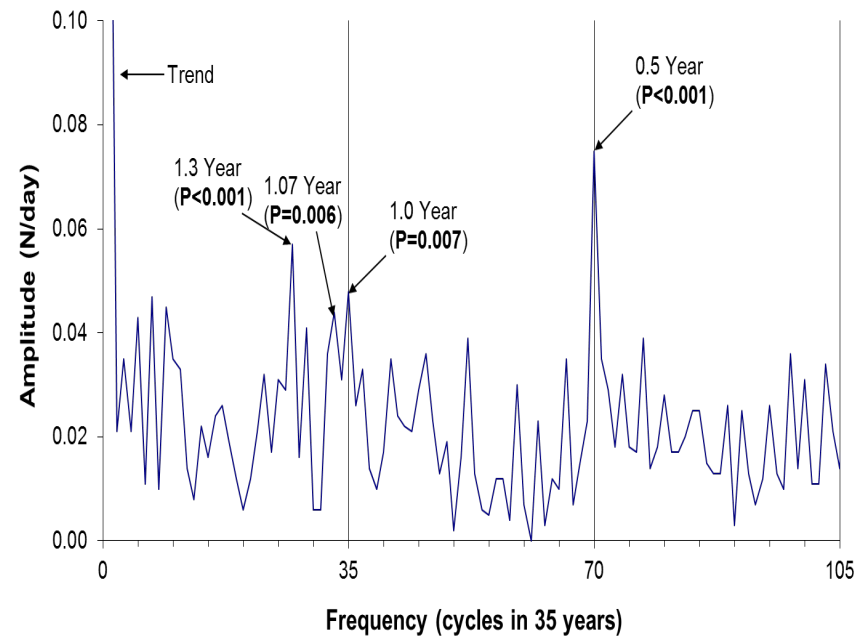
# Solar signatures are found in mortality statistics (sudden cardiac death, suicide)

**Transyear: about 1.3-year**

Minnesota 199-2003)



**Suicides in Minnesota**  
Referred to Calendar Date of Death (1968 - 2002)

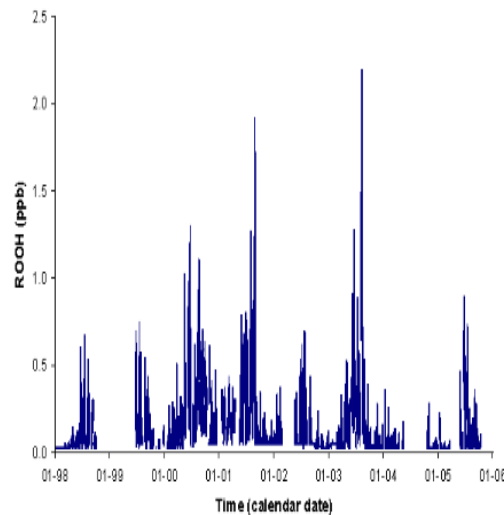
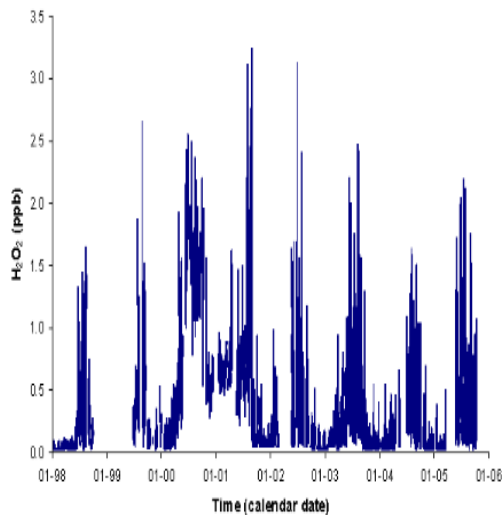


# Transyears characterize atmospheric compounds

## *Measurements at Zugspitze/Hohenpeissenberg station, Germany*

Some Atmospheric Variables  
(1998-2005; 8 years)

*Time Plots*



In addition to prominent daily rhythms in hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) and higher organic peroxides (ROOH), a transyear with a period of about 1.3 years is detected with statistical significance along with a yearly variation.

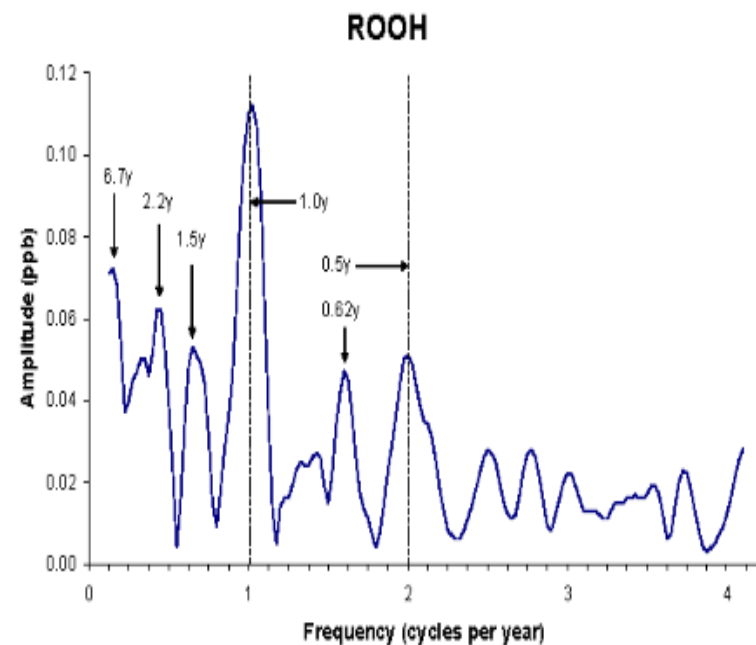
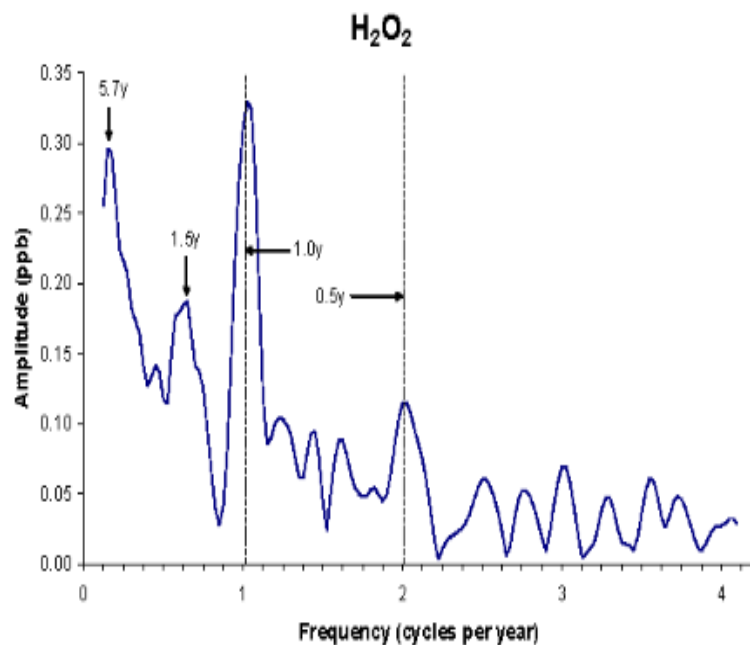
*Data from S Gilge.*



# Transyears characterize atmospheric compounds

*Measurements at Zugspitze/Hohenpeissenberg station, Germany*

*Focus on Low-Frequency Spectral Region*



*Data from S Gilge.*

# Transyears characterize atmospheric compounds

## *Measurements at Zugspitze/Hohenpeissenberg station, Germany*

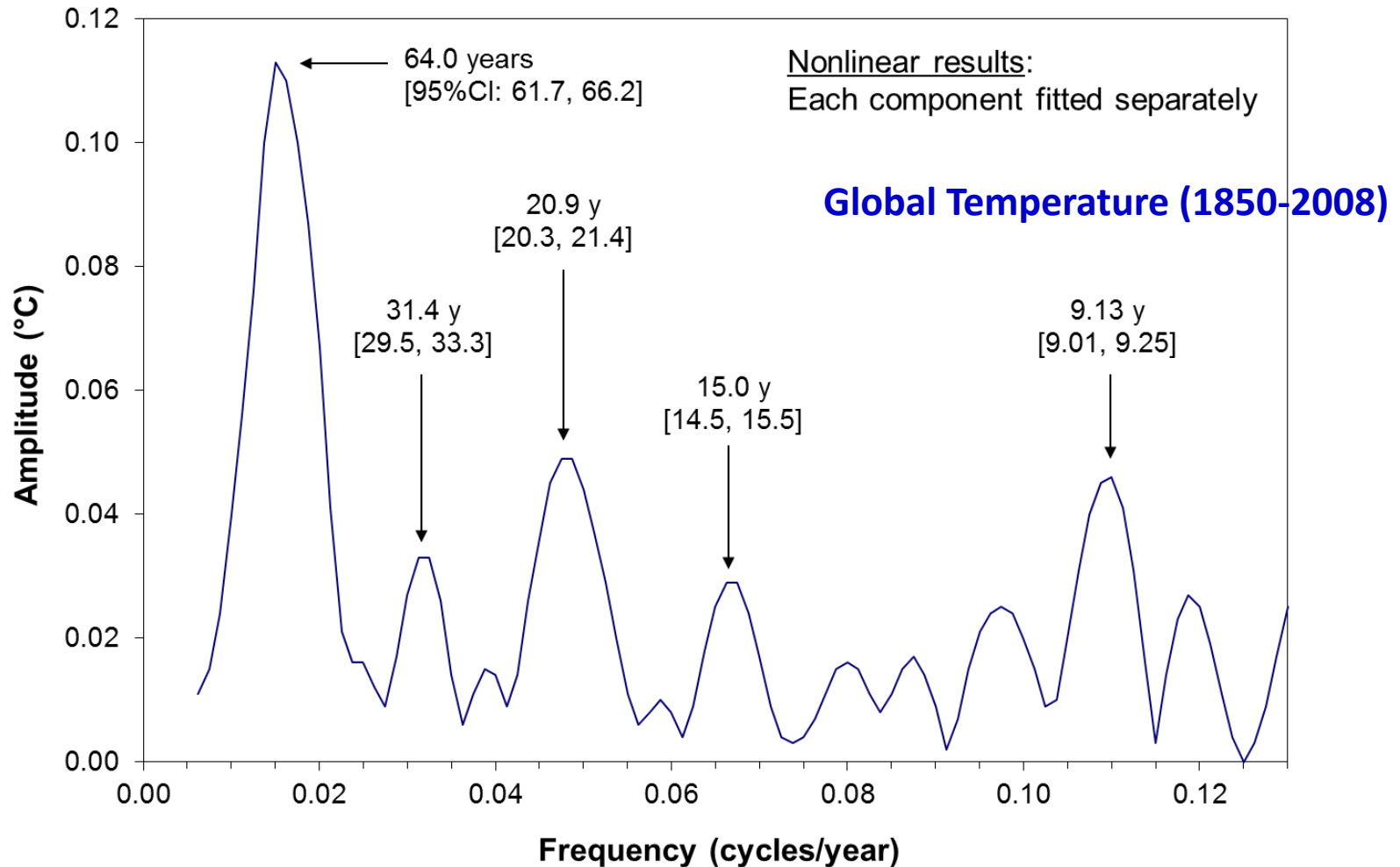
A transyear was further documented to characterize the F10.7 cm index (2007-2012).

Since F10.7 correlates well with a number of ultraviolet and visible solar irradiance records, and since ultraviolet irradiance is absorbed in the upper atmosphere, which heats the upper atmosphere and ionizes it to create the ionosphere, it is likely that periodicities such as the transyear detected in several atmospheric variables may reflect solar variability, transmitted through changes occurring in the ionosphere.

*Data from S Gilge.*

# Decadal cycles and economics

*Decadal cycles characterize changes in the Earth's surface temperature*

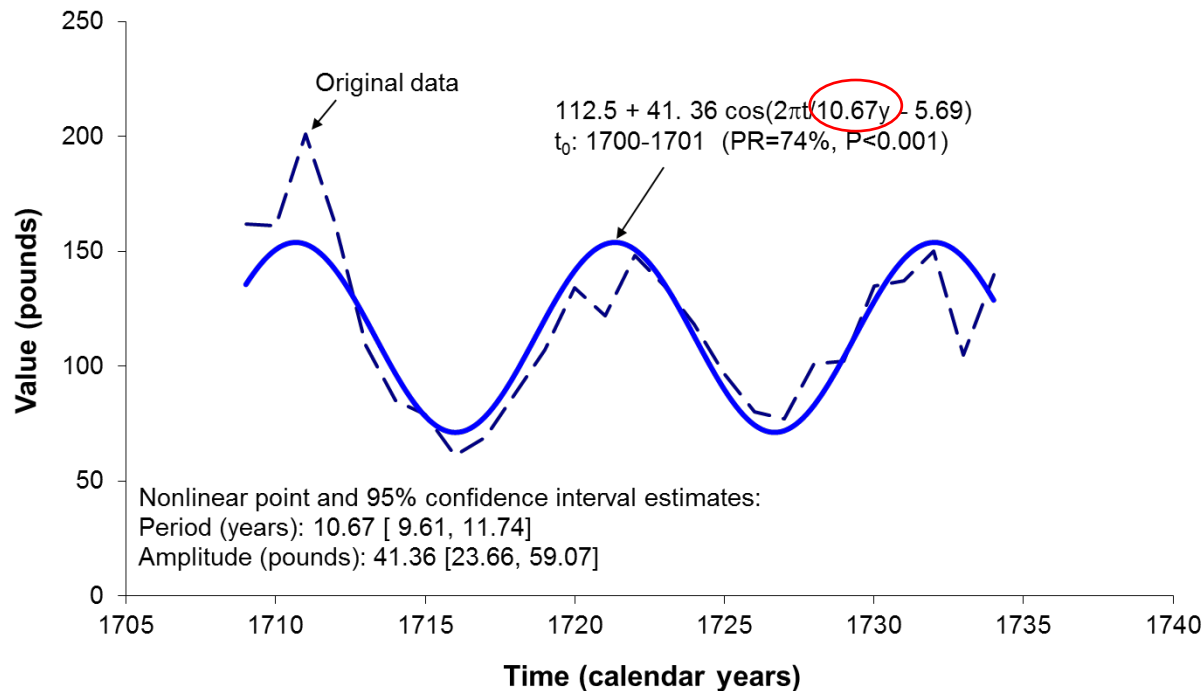




# Decadal cycles and economics

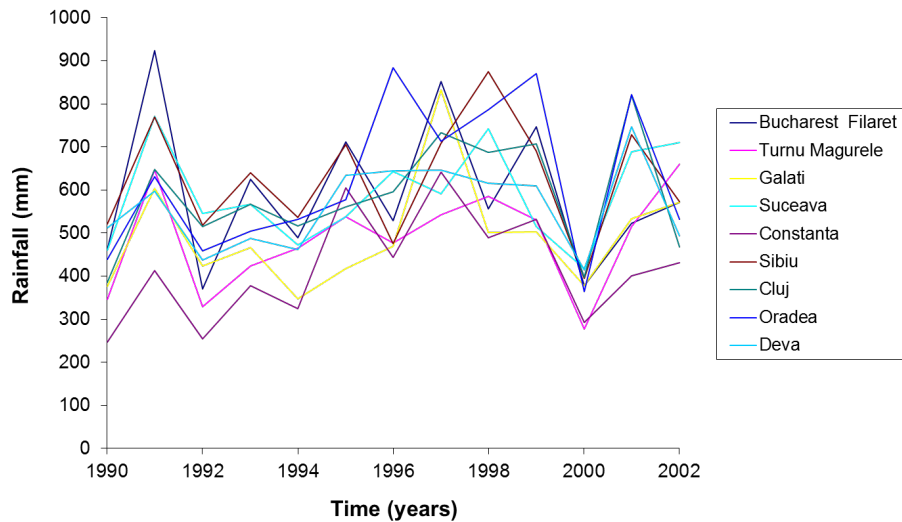
*Hyde Clarke (1838) first reported an about 11-year economic cycle.*

## Data from: William Milburn (1813)

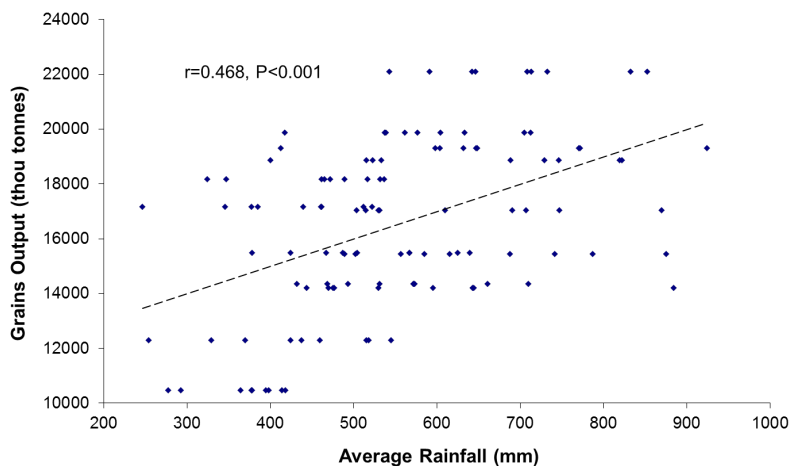


Decadal changes were quantified for a number of data published by **William Milburn** in relation to goods imported by the Honorable East India Company between 1708-1709 and 1733-1734

# Cycles in economics and agriculture



Grain Yield in Romania (1990 - 2002) Correlates with Rainfall



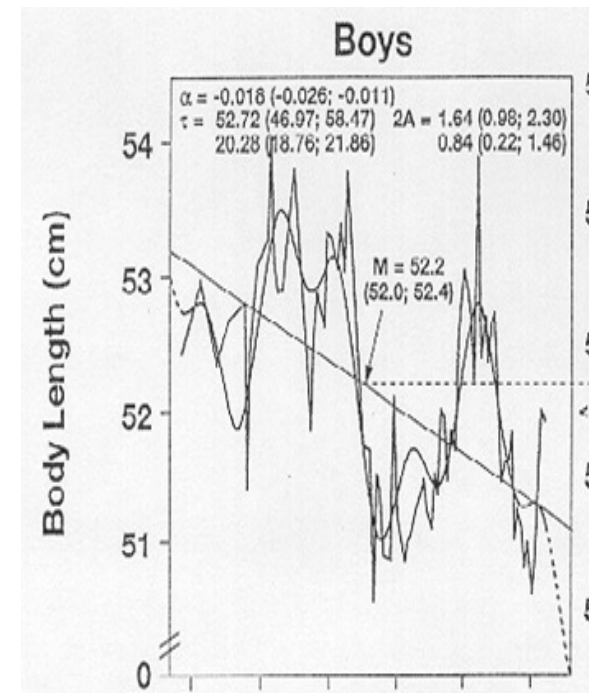
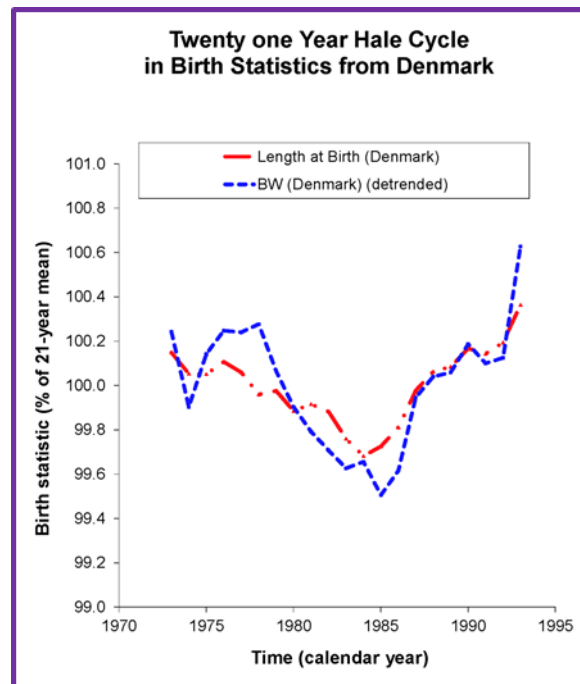
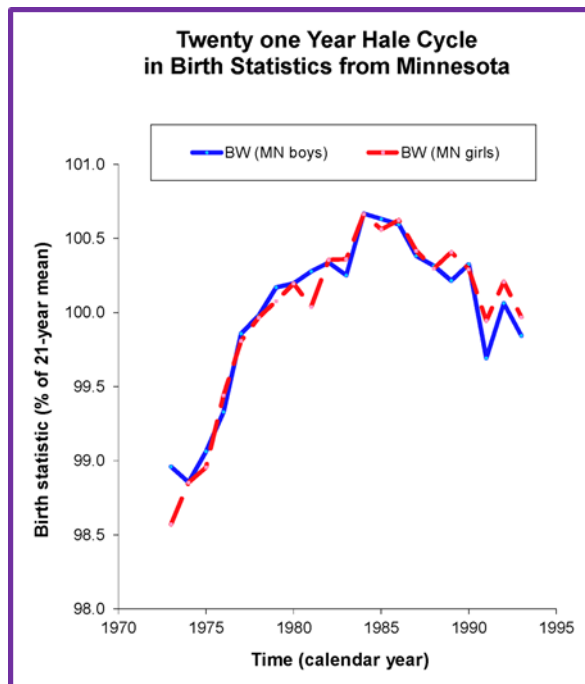
Decadal changes were also quantified for agricultural productivity during nearly 3 decades in Romania.

*Total cultivated area and total production of wheat and rye, barley, corn, soya and sunflower in Romania: on average, all 5 crops follow an about 10.7-year component.*

*Data from C Turtoi.*

# Influence on health at birth?

*Agriculture and economic cycles may affect health via epigenetics.*



Oscillations with periods of about 50, 21, and 10.5 years have been documented for anthropometric measurements at birth in Russia, Kazakhstan, Spain, Denmark, and Minnesota (USA) and during adulthood in Austria.

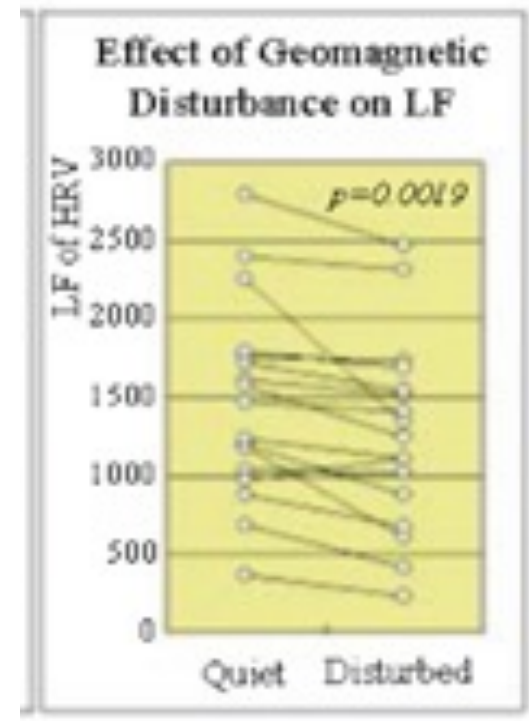
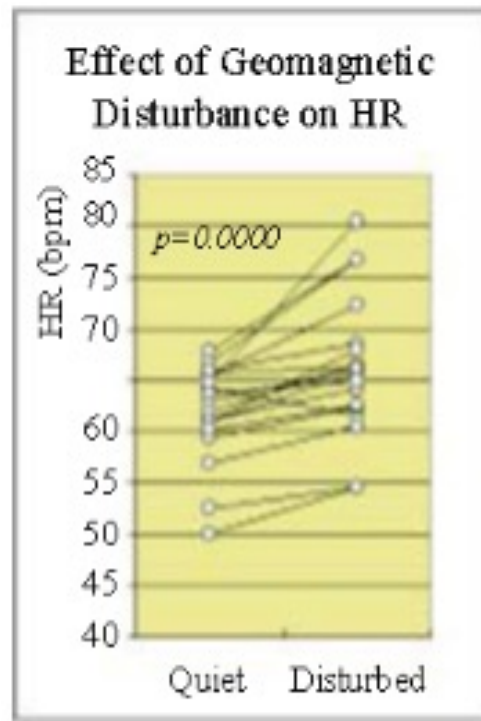
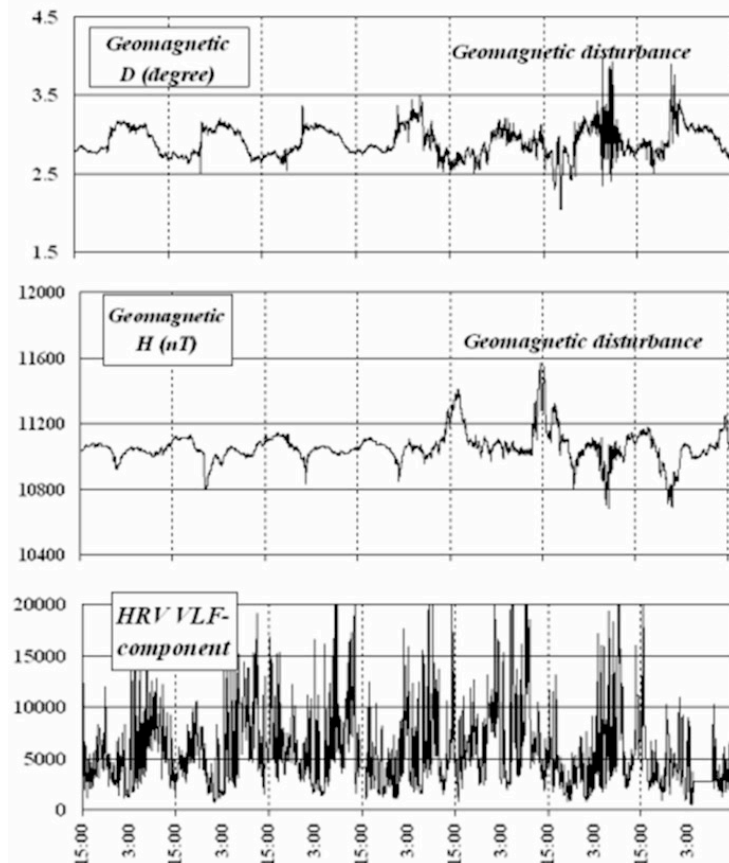


# Mechanisms - Heart

***Geomagnetic storms are associated with a decrease in HRV.***

27 yrs., man

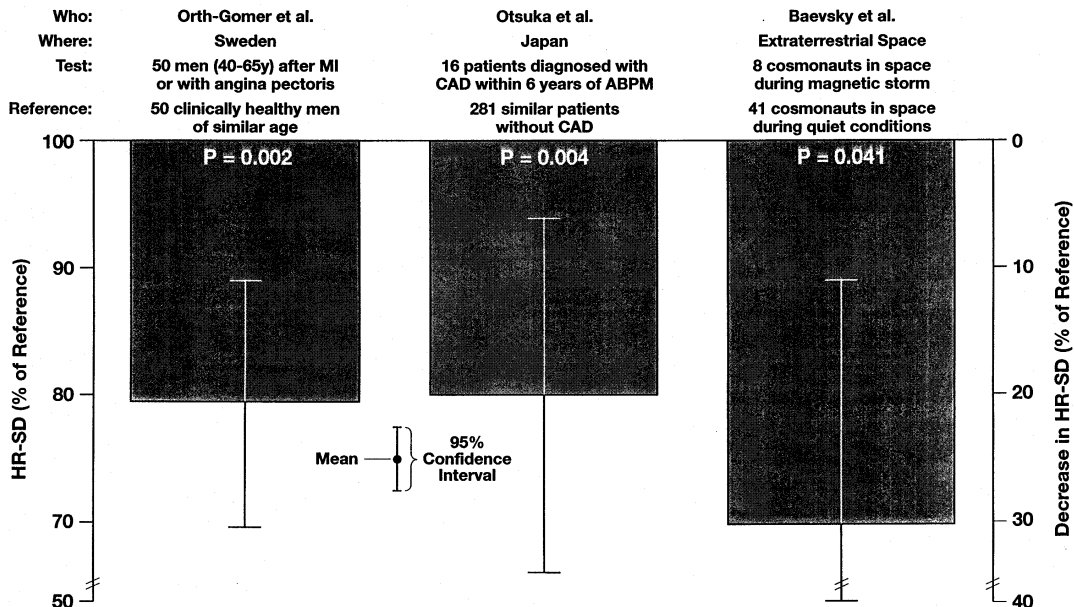
June 22 15:00-June 29 14:30, 1999



# Mechanisms - Heart

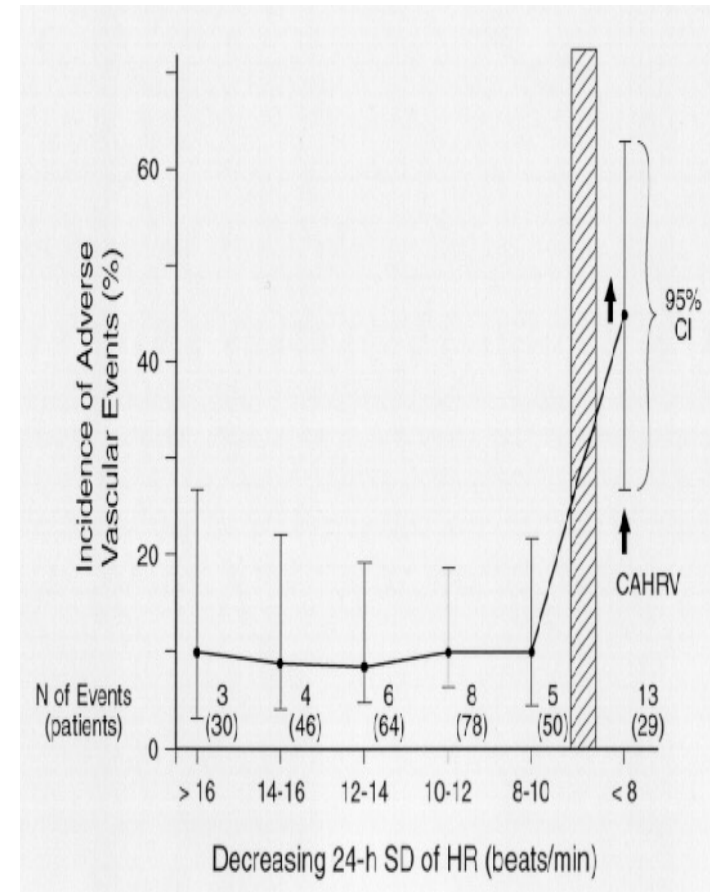
***A decreased HRV constitutes a cardiovascular disease risk.***

## ISCHEMIC HEART DISEASE (LEFT AND MIDDLE) AND EXPOSURE TO GEOMAGNETIC DISTURBANCES (RIGHT) LOWER HEART RATE VARIABILITY\*



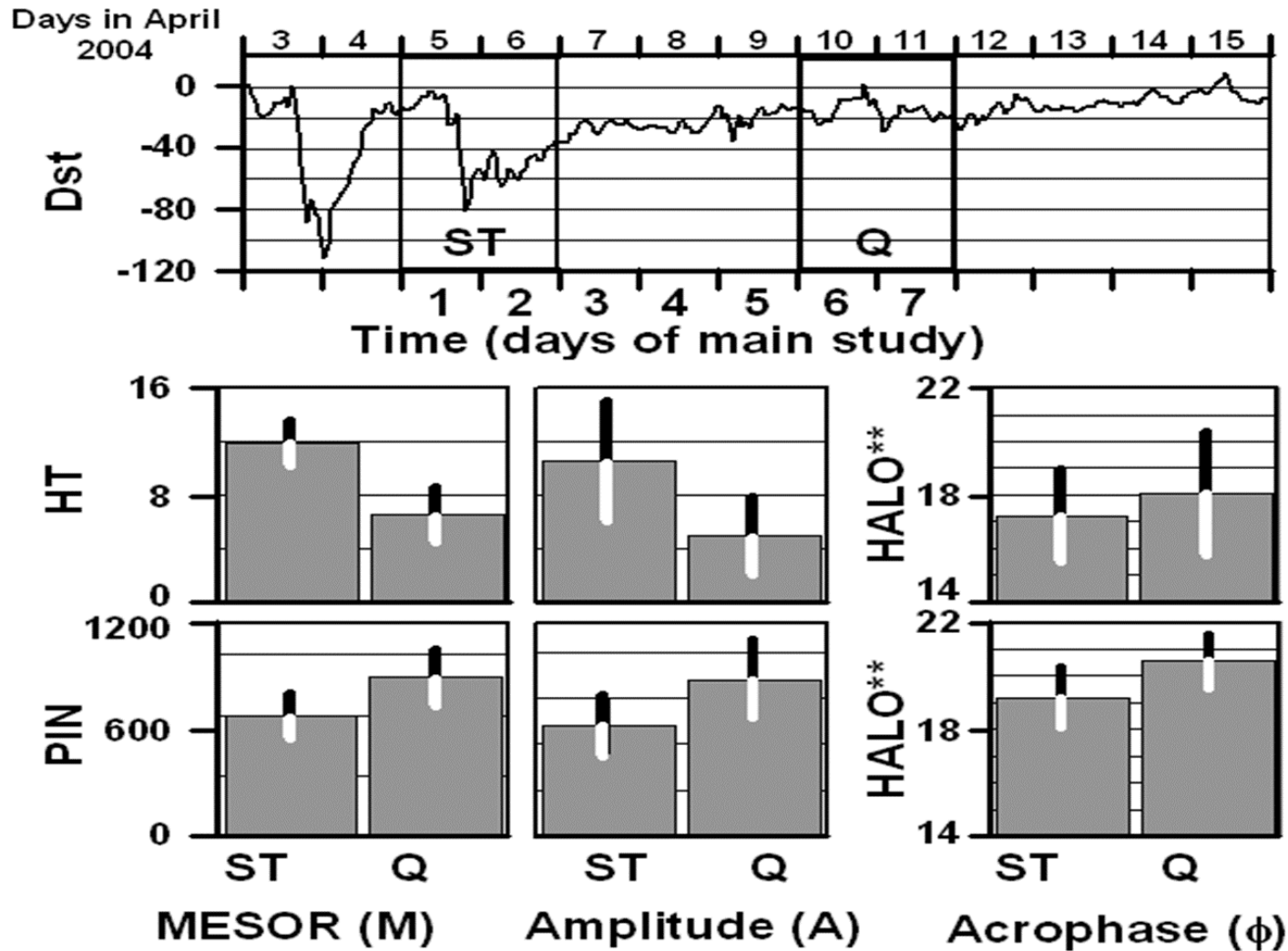
\* Gauged by standard deviation (SD) of heart rate (HR); MI = myocardial infarction; CAD = coronary artery disease; ABPM = ambulatory blood pressure (and heart rate) monitoring.

CC 8/96



# Mechanisms - Brain

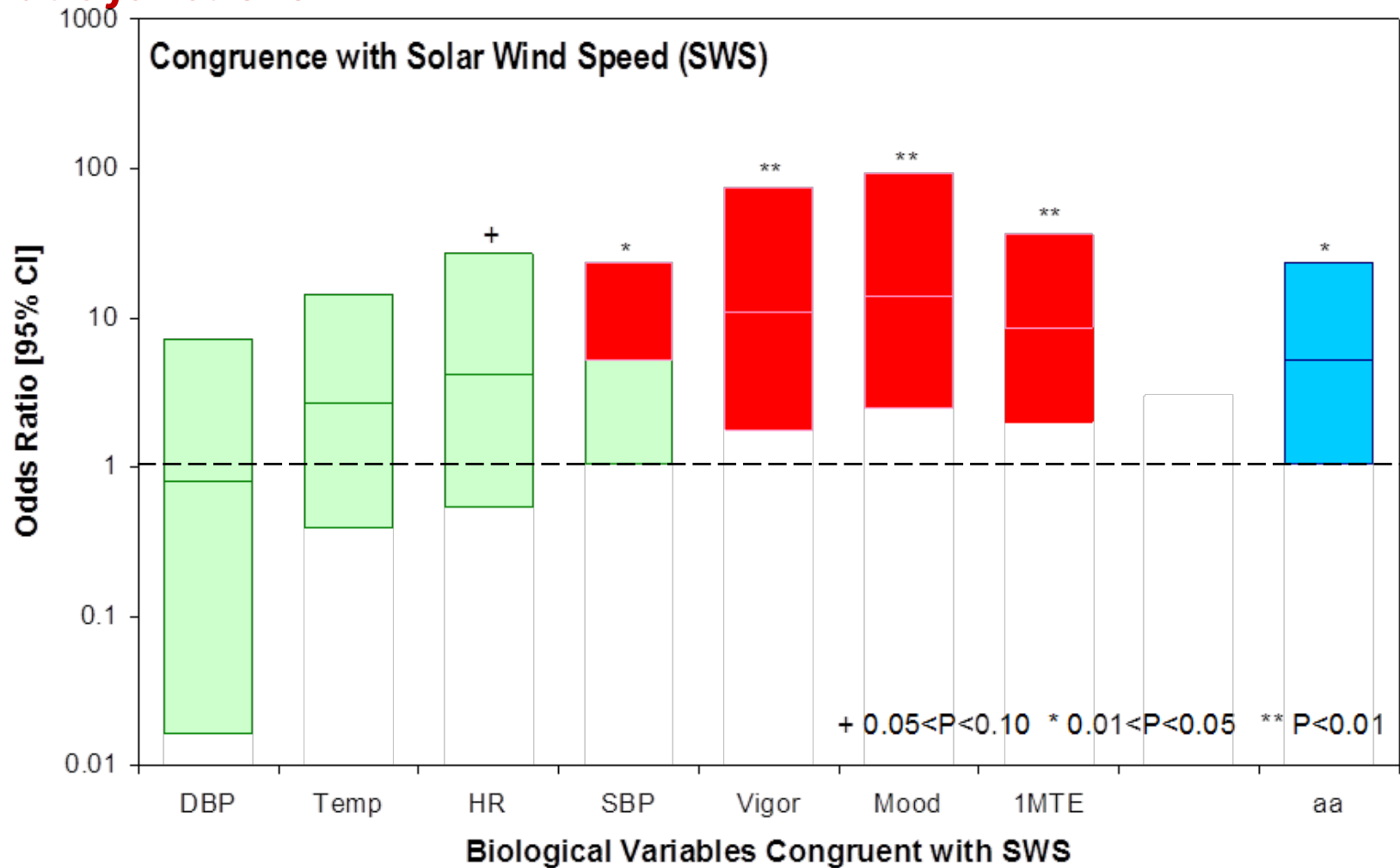
*Magnetic storms are associated with decreased nocturnal melatonin.*



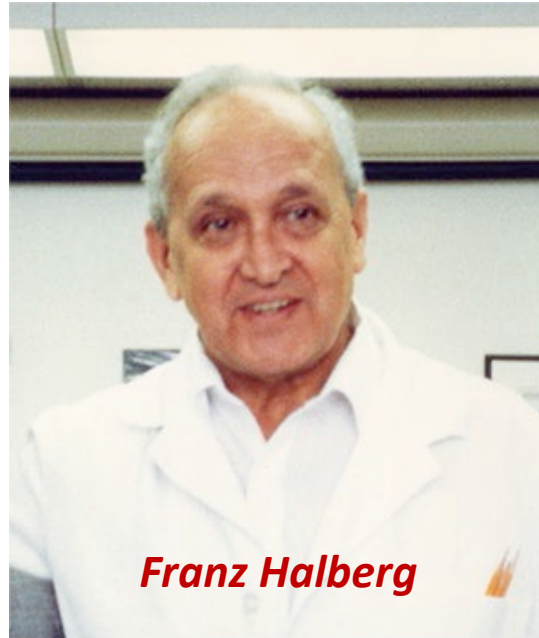


# Mechanisms - Brain

***Mental functions are more closely associated with space weather than somatic functions.***



These results are being compiled into an “Atlas of Chromomes”.



***Franz Halberg***



Visit us at <https://sites.google.com/a/umn.edu/halbergchronobiologycenter/>

Thank you